



interreligious institute

Video 3

Being a Better Ally

Discussion Guide

Building relationships and trust takes time, humility, and intentional effort. This video, captured on our Ramadan Road Trip in 2019, gathers some reflections on how to be better allies.

"Social change moves at the speed of relationships. Relationships move at the speed of trust.

- Rev. Jennifer Bailey

1. Can you think of a time when you were an ally? Or a time when you wished you were?
2. What in your religious tradition or texts inspires you to meet, know and love your neighbor or the stranger?
3. What is one take-away that you learned and want to incorporate as an action?
4. Who are the one or two people in your circle of family, friends, or neighbors that you can share this video with and invite into the conversation?